August 2012

Anxiety

1. Q: What are the forms of Anxiety Disorder?

A: 1. Panic disorder

1. Panic disorder with Agoraphobia

 3. Social Anxiety Disorder

 4. Obsessive-Compulsive Disorder

 5. Generalized Anxiety Disorder

 6. Post-Traumatic Stress Disorder

 7. Separation Anxiety Disorder

 8. Anxiety Disorder due to a Medical Condition

 9. Anxiety Disorder due to a Substance

 10. Anxiety Disorder Not Otherwise Specified

1. Q: What is the treatment for Panic Disorder?

A: 1. SSRIs 2. SNRI: Venlafaxine

3. TCAs 4. MAOIs 5. Benzodiazepines

1. Q: What is the treatment for Panic Disorder with Agoraphobia?

A: The same as for Panic Disorder.

1. Q: What is the treatment for Social Anxiety Disorder?

A: 1. SSRI and SNRIs 2. Propranolol

 3. Moclebemide

 4. Gabapentin and Pregabalin

 5. Clonazepam

1. Q: What are the medications for OCD?

A: 1. First line: Fluoxetine, Fluvoxamine, Paroxetine, and Sertraline

 2. Escitalopram

 3. Second line: Clomipramine, Venlafaxine, Citalopram, Mirtazapine

4. Long term supplementation with Risperidone

1. Q: What are the medications for PTSD?

A: 1. First line: Fluoxetine, Paroxetine, Sertraline, and Venlafaxine

2. Useful agents include: Fluvoxamine, Mirtazapine, Moclobemide, and Phenelzine

 3. Anti-psychotics: Risperidone and Olanzapine

1. Q: What are the medications for GAD?

A: 1. First line: Duloxetine, Escitalopram, Paroxetine, Sertraline, and Venlafaxine

 2. Second line: Imipramine, Bupropion, and Pregabalin

3. Quetiapine 4. Benzodiazepines 5. Buspirone

1. Q: Compare Benzodiazapines to Buspirone

A: Potentiates GABA Modulates serotonin

 Variable onset, dose PRN Slow onset, 3-5 weeks

 Anxiolytic, sedative, m relax, anticonvulsant Anxiety, depression, aggression

 Tolerance, withdrawal, EtOH Rxns No abuse potential or EtOH Rxns