August 2012

Hormone Replacement

1. Q: What are the symptom patterns of concern in menopause?

A: 1. Vasomotor symptoms

1. Vaginal symptoms

 3. Mood changes

1. Q: What are the two classes of drug therapy for menopause?

A: 1. Hormone replacement: Estradiol and Progestins.

 2. Non hormone replacement medications.

1. Q: What are the absolute contraindications to Estrogen Therapy?

A: 1. Undiagnosed vaginal bleeding.

2. Active liver disease.

3. Active thromboembolic disease.

4. Carcinoma of the breast.

1. Q: What are the absolute contraindications to Progestin Therapy?

A: 1. Undiagnosed vaginal bleeding.

2. Carcinoma.

3. Pregnancy.

1. Q: What are the risks associated with Estrogen Therapy?

A: 1. Venous thromboembolism.

 2. Myocardial infarction.

 3. Stroke.

 4. Breast cancer.

1. Q: HRT is considered safe for what period of time.

A: 3 to 4 years

1. Q: What are the estrogen preparations used to treat menopause symptoms?

A: 1. Transdermal

 2. Oral

 3. Intravaginal

1. Q: Which form of estrogen is used to treat menopause symptoms?

A: Estradiol

1. Q: What are the Progestin preparation forms used to treat menopause symptoms?

A: 1. Transdermal

 2. Oral

1. Q: What are the Progestin medications?

A: 1. Medroxyprogesterone Acetate (MPA)

2. Megestrol Acetate

1. Q: What form of progestin will prevent endometrial hyperplasia?

A: Oral, not the topical preparation

1. Q: What are the non-hormonal therapies for menopause?

A: Venlafaxine, Desvenlafaxine, Paroxetine , Fluoxetine, Gabapentin, Clonidine