August 2012 Psoriasis

1. Q: What are the classes of treatment for psoriasis?

A: 1. Local

1. Systemic
2. Q: What are the topical therapies used to treat psoriasis?

A: 1. Emollients

2. Keratolytic agents

3. Topical Steroids

4. Calcipotriene

5. Tazarotene gel

6. Topical calcineurin inhibitors

7. Anthralin (amazing drug)

8. Coal Tar

1. Q: What are the keratolytics?

A: 1. Salicylic acid

2. Sulphur

3. Urea

4. Lactic acid

1. Q: What is salicylism?

A: 1. A reaction to excessive applications of salicylates

1. Q: What are the symptoms of salicylism?

A: 1. Nausea 2. Vomiting 3. Tinnitus 4. Hyperventilation

1. Q: Local treatment of psoriasis on the scalp includes?

A: 1. Salicylic acid

2. Calcipotriol

3. Corticosteroids, such as Betamethasone

1. Q: What are the medication choices for psoriasis on the face?

A: 1. Hydrocortisone 1% cream

2. Topical Calcineurin inhibitors

1. Q: What topical medications are used on the hands and feet?

A: 1. Tazarotene and Calcipotriol alone

2. Or combined with Betamethasone Dipropionate and UV light

1. Q: What medications are used with UV light therapy for psoriasis?

A: 1. Tar 2. Anthralin 3. Calcipotriol

4. Tazarotene 5. Psoralen 6. Topical 5-aminolevulinic acid

1. Q: What systemic medications are used for psoriasis?

A: 1. Acitretin 2. Methotrexate 3. Cyclosporin

1. Q: What is Calcipotriol?

A: 1. Topical Vitamin D analogue

2. As effective as corticosteroids

3. 70% of patients respond

4. Expensive

5. Max 100 grams per week