

Naturopathic Injection Required CE Series

Meet your Continuing Competence requirements with a program designed to upgrade your clinical practice.

Alberta CNDA CE Deadline: October 31, 2026

Stop collecting CE credits you'll never use.

This six-topic series of courses is designed for the practicing ND who wants to meet their Continuing Competence requirements while gaining clinically applicable skills they can implement immediately — not just theory.

Each course is focused on evidence-informed protocols and clinical application that will allow you to provide comprehensive care for patients who need more than conventional options. Each course is delivered through a balanced hybrid model. There are:

- Three hours of online theory and instruction for each Topic
- One hour of in-person Instruction for each Topic, offering hands-on, Q&A and skill refinement, ensuring you leave capable, not just informed.

The online and in person portions are separate courses. You do not have to take the online portion to take the in person portion. You can take either or both portions, allowing maximum flexibility to achieve your CE hour requirements.

Why This Program is Different

- Clinically focused protocols you can apply immediately in practice
- Detailed instruction on how to integrate injectables and build them into your practice successfully
- Hybrid learning model: online theory and in-person application
- Designed specifically for practicing NDs — no fluff, no wasted time
- Clear decision-making frameworks and practice integration guidance
- Covers the injectable and infusion therapies that differentiate naturopathic practice from every other health profession

The Curriculum Topics

- **IV Therapy Fundamentals:** A comprehensive review of IV basics, safety protocols, tonicity calculations, carrier solutions, a full ingredient guide (Vitamin C, B vitamins, magnesium, glutathione, and more), lab-guided custom formulation building, and practice management systems for managing a safe, efficient, and profitable IV department.
- **Chelation Therapy:** An in-depth look at heavy metal and cardiac chelation agents (DMSA, DMPS, EDTA, BAL), metal-to-agent affinity, urine provocation challenge protocols, cardiac chelation evidence (TACT and TACT2 trials), mitochondrial mechanisms of heavy metal toxicity, advanced clinical applications, and safe patient monitoring protocols.

- ***Naturopathic Intramuscular (IM) Injections:*** (Naturopathic Injection Therapies): Examines the history and rationale for parenteral nutrient delivery, CNDA Standards of Practice compliance, injectable ingredients (B1, B5, B6, B12, LipoB, AMP, Vitamin D3), condition-specific formulations for migraines, PMS, low mood, eczema, and energy, and practice management for building and integrating an injection program.
- ***Ozone Therapy:*** Reviews the science and history of ozone, mechanisms of action (antimicrobial, anti-inflammatory, Nrf2/ARE activation, oxygen metabolism), all routes of administration (topical, insufflation, injected), Alberta regulatory requirements including current bans and restrictions, embolism risk and prevention, and clinical integration with IV nutrient therapy.
- ***Regenerative Injection Therapies (RIT) / Prolotherapy:*** Addresses seven regenerative injection modalities — prolotherapy, neural therapy, trigger point injections, prolozone, PRP, stem cell/exosome therapy, and peptide injections. includes ingredients, indications, contraindications, preparation techniques, and integration with IV therapy, anti-inflammatory diet, and supplementation for optimal outcomes.
- ***Wound Healing & Minor Surgery:*** Covers the four phases of wound healing, wound depth classification and healing times, skin lesion identification, pigmented lesion safety and referral criteria, wound closure devices (GluStitch, Steri-Strips, Mastisol, butterfly closures), dressing selection, and advanced naturopathic wound care protocols including ozonated water debridement, topical vitamin C, and intralesional treatment for warts.

Register Now

Click here for the online training = Coming soon

Click [HERE](#) to register for the in-person training = [IN PERSON TRAINING](#)

Limited in-person spots available. The in-person sessions are designed for professionals who value clinical precision and safety. Due to the nature of the in-person training, space is limited to ensure a high-quality educational environment. Secure your seat now and receive an early bird discount.

ABOUT THE INSTRUCTOR



Dr. Michael Nowazek, BSc, ND brings nearly 30 years of clinical and instructional experience to this series.

As the Clinical Director of Green Apple Health Care, he has dedicated his career to a Cause Based Medicine® approach.

Cause Based Medicine® is the systematic process of finding and treating the core cause of health concerns by using a classic naturopathic approach combined with scientific research to optimize patient outcomes.

Education & Credentials

Dr. Nowazek holds a Bachelor of Science from Brandon University (Major: Chemistry; Minor: Mathematics) and graduated from the Canadian College of Naturopathic Medicine in Toronto with his Doctor of Naturopathic Medicine degree in 1997, following four years of rigorous study.

Clinical Expertise

His clinical practice encompasses decades of advanced training, clinical experience and as an instructor in Intravenous therapies, medical ozone therapy, high-dose vitamin C therapy, chelation therapy, regenerative injection techniques, stem cell therapy, and platelet-rich plasma (PRP) therapy. He has served as an instructor in emergency procedures since 2004, bringing additional depth to patient care and safety protocols.

Dr. Nowazek's knows that naturopathic medicine has much to offer patients. His experience has clearly demonstrated to him that patients come to his clinic when they have tried everything else. His unique style and results-oriented process called Cause Based Medicine® is the foundation upon which he has built a respected and thriving practice offering effective treatment plans that address a wide range of health conditions and concerns for people in need. Each custom treatment plan incorporates his in-depth knowledge of classic naturopathic medicine, clinical experience, skills and abilities to maximize outcomes for his patients.

Dr. Nowazek has always said "science is the attempt to determine what nature has been doing for millions of years". He believes that "the science" is always just catching up to what naturopathic doctors have been doing forever. He has always practiced the Cause Based Medicine® approach, where naturopathic medicine and treating the cause is primary, and the science or evidence is secondary. Dr. Nowazek has always prioritized what has been shown to actually work, from decades of current and historic naturopathic practice, over waiting for the science to catch up and prove it.

Since establishing his practice in Edmonton in 1997, Dr. Nowazek has built Green Apple Health Care into a highly successful clinic serving patients throughout Alberta.

Leadership & Professional Service

Dr. Nowazek's commitment to the naturopathic profession extends beyond clinical practice.

- He served as President of the Alberta Association of Naturopathic Practitioners (AANP) from 2001 to 2008, where he oversaw organizational operations in the development of provincial regulatory frameworks governing naturopathic medicine in Alberta.
- He also served as Vice Chair of the Canadian Association of Naturopathic Doctors (CAND) from 2011 to 2016 and as a CNDA Council Member from 2020 to 2021.

Published Works

Dr. Nowazek has authored and published numerous patient education leaflets and booklets covering a wide variety of health topics including ozone therapy, injection therapies, adrenal gland function, thyroid gland function, food sensitivities, toxicity, and many others. Each of these very popular educational pieces is written in layman's terms to help the patients to understand how their bodies function and what they can do to improve their health.

Hobbies and Activities

Dr. Nowazek participates in various extreme sports including combat sports, ice biking (cycling in the winter, down to -20°C), hiking, outback camping, fishing, and hunting. He enjoys spending as much time as possible with his wife of 25 years and four children in these activities.